

## Random Acts of Kindness

Goal: 25 out of 50

<p>_____ 1. Say "Please" &amp; "Thank You" all the time</p> <p>_____ 2. Lend a hand to the elderly</p> <p>_____ 3. Hold the doors open for others</p> <p>_____ 4. Cheer up a loved one</p> <p>_____ 5. Donate old/not used toys to Toy Time (can be dropped off at Fun Center Pools)</p> <p>_____ 6. Compliment people all day long</p> <p>_____ 7. Donate your used books (library, goodwill, etc.)</p> <p>_____ 8. Say hello to everyone you meet all day long</p> <p>_____ 9. Be kind to someone you dislike all day</p> <p>_____ 10. Read a book to a child or elderly person</p> <p>_____ 11. Wave to someone and say Hi</p> <p>_____ 12. Be honest and helpful</p> <p>_____ 13. Invite someone new for dinner</p> <p>_____ 14. Return shopping carts to their place</p> <p>_____ 15. Thank the local fire/police department (make cookies, thank you cards, etc.)</p> <p>_____ 16. Thank your mail carrier</p> <p>_____ 17. Complain less all day</p> <p>_____ 18. Practice patience with your siblings - walk away</p> <p>_____ 19. Invite someone over to play</p> <p>_____ 20. Say "good morning" to everyone</p> <p>_____ 21. Donate old clothing (Goodwill, shelters, etc.)</p> <p>_____ 22. Take crayons and coloring books to the hospital waiting room</p> <p>_____ 23. Be thankful for all the good that's around you by keeping a list and write 3 things everyday</p> <p>_____ 24. Be understanding and listen</p> <p>_____ 25. Buy school supplies &amp; send them in to your teachers for other students in you class</p> <p>_____ 26. Share with your friends and classmates</p> <p>_____ 27. Spread the news of Jesus Birth with a friend</p>	<p>_____ 28. Say good morning to your teacher, principle, etc.</p> <p>_____ 29. Offer to let your classmates go first</p> <p>_____ 30. Offer to take your neighbor's dog for a walk</p> <p>_____ 31. Write a thank you note to your teacher, coach, firefighter, mentor or someone you look up to</p> <p>_____ 32. Be extra kind to your bus driver by saying hello or goodbye for a whole week</p> <p>_____ 33. Call your grandparents or family members that you don't see very often</p> <p>_____ 34. Write a note to your parent's or grandparents to tell them how special they are</p> <p>_____ 35. Smile! (all day) Just because it's easy.</p> <p>_____ 36. Make a thank you card for our church custodians</p> <p>_____ 37. Deliver flowers to an elderly resident</p> <p>_____ 38. Help do the dishes for a week</p> <p>_____ 39. Help a sibling clean their room</p> <p>_____ 40. Shovel a neighbors sidewalks</p> <p>_____ 41. Give a compliment to a an adult</p> <p>_____ 42. Bake cookies and give to a neighbor</p> <p>_____ 43. Pick up trash at your school or a park</p> <p>_____ 44. Send notes and postcards to friends &amp; family</p> <p>_____ 45. Visit the Retirement Center and do puzzles with the residents</p> <p>_____ 46. Go Christmas Caroling</p> <p>_____ 47. Play games as a family</p> <p>_____ 48. Donate Baby clothes, baby books, diapers, wipes, etc to a crisis pregnancy center (RPS)</p> <p>_____ 49. On garbage day, bring in your neighbors garbage cans</p> <p>_____ 50. Invite 5 people to our Christmas Program (on December 14, 2014)</p> <p>Parent signature: _____</p>
--	--